GLUTEN FREE OPTIONS

10

8.5



PUB GRUB

CHICKEN CURRY MADRAS

mixed bell peppers, onions, scallions,
sweet mild Madras curry sauce &
basmati rice

ADD

Chips / Skinny fries

FISHERMANS CATCH

19

16

18

22

STARTERS

TENDER HALF RACK BBQ BACK RIBS homemade BBQ sauce, dressed leaves

ROASTED SEABASSCreamy garlic potatoes Parma ham and Vierge sauce

NORTH ATLANTIC PRAWNS(v)

Homemade Marie-Rose dressed leaves

MAINS

FIERY CREOLE CHICKEN braised rice, Onions, peppers creole sauce ROAST TOPSIDE OF BEEF fresh vegetables, roast potato,

BITS & BOBS

two 10 / three 14

BBQ CHICKEN WINGS

SALTED CHILLI CHICKEN, CAJUN MAYO

LOADED FRIES BACON & CHEESE

PAN-SEARED CHICKEN FILLET

creamy mash, rich gravy

Parma wrapped asparagus, champ mushroom cream sauce

STEAKS

8 oz RUMP FILLET STEAK 22
10 oz SIRLOIN STEAK 28
sauté onions, mushrooms & peas,

PEPPERED BEEF

onions, peppers, creamy pepper sauce braised rice

BRAISED LAMB SHANK

cheddar mash, steamed broccoli and red wine jus

DESSERTS

chips and peppercorn sauce

Pavlova

Selection of ice cream

Milkshake

